

M&M Counselling Services Liability Waiver and Agreement

Client Full Name: _____

Date of Birth: _____

Gender: _____

ID/Passport Number: _____

Address: _____

Phone Number: _____

Email Address: _____

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

Relationship to Emergency Contact: _____

This agreement is entered into between Mitchum Millar, owner of M&M Counselling Services ("Counsellor"), and the undersigned client ("Client"). By signing this document, the Client acknowledges, understands, and agrees to the following terms and conditions:

1. Nature of Services

M&M Counselling Services provides counselling support to assist clients in their personal growth, development, and recovery journey. These services are not medical or psychiatric treatment and should not be considered a substitute for professional advice, diagnosis, or care from a licensed healthcare provider.

2. Assumption of Risk

The Client acknowledges that participation in counselling sessions may involve sensitive discussions that could evoke emotional discomfort. While every effort is made to ensure a safe and supportive environment, the Client assumes full responsibility for any risks, including but not limited to:

- Emotional distress or discomfort experienced during or after sessions.
 - Any actions or decisions made by the Client as a result of counselling discussions.
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3. Limitation of Liability

The Client agrees that M&M Counselling Services and Mitchum Millar are not liable for:

- Any loss of life, injury, or harm experienced during or after counselling sessions.
 - Ethical dilemmas or disputes arising during the counselling process, provided services are conducted in good faith and adhere to professional standards.
 - Outcomes or consequences stemming from the Client's decisions or actions based on guidance, advice, or discussions during sessions.
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4. Confidentiality and Exceptions

M&M Counselling Services respects the confidentiality of all client information. However, disclosure may be required by law under the following circumstances:

- If the Client poses a risk of harm to themselves or others.
 - In cases of suspected abuse or neglect involving minors, elderly persons, or vulnerable adults.
 - If disclosure is mandated by a court order or legal obligation.
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5. Indemnification

The Client agrees to indemnify and hold harmless M&M Counselling Services, Mitchum Millar, and any associated parties from any claims, demands, or legal actions arising from the counselling services provided.

6. No Guarantees

The Client understands that no guarantees are provided regarding the outcomes of counselling services. Progress and results depend on a range of factors, including the Client's active engagement, dedication, and personal circumstances.

7. Voluntary Participation

The Client acknowledges that participation in counselling is entirely voluntary. The Client may discontinue services at any time without obligation.

8. Medical and Psychological History

To ensure the most effective support, the Client is requested to provide relevant background information:

- **Do you have any current or past medical conditions?**

- **Are you currently taking any prescribed medications?**

- **Do you have a history of mental health conditions (e.g., depression, anxiety, trauma)?**

- **Are you currently under the care of a psychiatrist or therapist?**

9. Agreement to Terms

By signing below, the Client affirms that they have read, understood, and agreed to the terms outlined in this liability waiver. The Client confirms they have had the opportunity to ask questions about this document and that they sign it freely and voluntarily.

Client Signature: _____

Date: _____

Counsellor Signature: _____

Date: _____